

## **Overview of UCSF Cancer Programs and Services for you** - [cancer.ucsf.edu/support](https://cancer.ucsf.edu/support)

You can find information about all of our support services and programs at [cancer.ucsf.edu/support](https://cancer.ucsf.edu/support). This includes information about:

- Support groups
- Peer Support
- Exercise and nutrition counseling
- Art for Recovery
- Meditation and Guided imagery
- Advance Care Planning Workshops
- Cancer Survivorship (Post-Cancer Care)
- Financial resources and a video about how to navigate insurance

You can also watch our [online patient orientation](#) or review the [Patient Guide to Cancer Services](#), which will give you a full overview of what is available.

You can also learn more about our programs by calling the **Patient and Family Cancer Support Center** at **(415) 885-3693**.

### **Patient Program Highlights and Information**

**Peer Support:** If you would like to get a call from another patient who has received cancer treatment at UCSF, visit our main support site [cancer.ucsf.edu/support](https://cancer.ucsf.edu/support) and click on our [Peer Support Program](#). We can often connect you to patients who have the same diagnosis as you or are facing a similar life situation. You can also call the Patient and Family Cancer Support Center at **(415) 885-3693** to request a call from a peer volunteer.

**Social Work:** Our social workers specialize in providing emotional support and coping strategies to patients, caregivers, and families impacted by cancer. The team can also offer information about community resources, disability benefits, advanced care planning, lodging, transportation and more. To request a social worker, ask your provider's office for a referral, or call **(415) 353-4762** for general information.

**The Osher Center for Integrative Health** blends proven conventional and complementary medicine approaches from around the world. Our clinical programs focus on whole-person healing using effective practices including acupuncture, meditation, nutrition, and therapeutic massage. Our areas of expertise include cancer care, integrative psychiatry, rheumatology, women's health, pediatrics and geriatrics. The Osher Center Clinic can be reached at **(415) 353-7700**.

**Cancer Survivorship (Post-Cancer Care):** Survivorship clinics are available to patients who have completed cancer treatment. For more information go to the [Cancer Survivorship and Wellness Institute](#) or call them at **(415) 514-2880**.

### **Improvement Suggestion Box**

Please let us know what is working well and what can be improved. To share your improvement suggestions, visit our [Improvement Suggestions](#) website to let us know about your experience and tell us what we can do better.